



Psychiatric/Behavioral Counseling Resources 2023-2024

The following is only a partial list of frequently used phone numbers of agencies in our area. Changes to services, hours, locations, and requirements are subject to change without notice.

Alvin/ Manvel/ Pearland/ Seabrook/ Angleton Area	
<p>Bay Area Council on Drugs and Alcohol (BACODA) 2947 E. Broadway, Suite 400, Pearland, TX 77581 www.bacoda.org *Bilingual / Sliding Scale 1.800.510.3111</p>	<p>BlueFlame Psychotherapy 2243 Park Avenue, Pearland 775881 https://www.blueflamepsychotherapy.com/ Fees: insurance/sliding sale 832.616.1977</p>
<p>Delma Garza, LPC, LCDCI *Accepts insurance / Sliding scale / Bilingual 832.816.3124</p>	<p>The Bridge Across for Single Parents and Stepfamilies Pearland- Red Dun Ranch, 14034 Hooper Rd, Houston, Texas 77047 (288 and Beltway 8) http://www.thebridgeacross.com/ 832-779-2120</p>
<p>Community Health Network 2552 E. Broadway Suite 102, Pearland, TX 77581 www.mychn.org 281-824-1480 Alvin Location: Adoue Family Health Center 1111 W. Adoue St. Alvin, TX 77511</p>	<p><i>Counseling Connections for Change</i> 2549 Roy Road, Pearland, TX 77584 http://www.counselingconnections.org/ *Accepts insurance / Sliding scale 281.485.9280</p>
<p>Downtown Counseling Services 105 N. Gordon Street, Ste. 202 Alvin, TX 77511 www.downtowncounseling.com 281.585.0000</p>	<p>Family Psych Solutions 8603 Broadway Suite 140 Pearland www.familypsychsolutions.com *Accepts insurance 281.902.1050</p>
<p>Ali Vasquez, LPC- Associate Serene Counseling & Wellness 2734 Sunrise Blvd. Ste 309 Pearland, TX 77584 https://www.serenecounselingsvc.com/ ali.serenecounseling@gmail.com *Accepts insurance / Sliding scale 832-614-4847</p>	<p>Majestic Counseling and Consulting, L.L.C. 12234 Shadow Creek, Pearland https://www.majesticcounselingandconsulting.com/ Accepts insurance/sliding scale 281.824.3288</p>

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<p>Anchor Point 103 Davis Rd. League City, TX 77573 www.anchorpoint.us *Free/low cost services 832-632-1221</p>	<p>MYS Counseling & Assessments 20351 Highway 6, Suite B Manvel, TX 77578 979.233.1584</p>
<p>NAMI Gulf Coast 2206 N. Gordon, Alvin, TX 77511 www.namigulfcast.org 281-585-3100</p>	<p>Pearland Psychiatry & Mental Health 2225 CR 90 Suite 221 Pearland https://pearlandpsychiatry.com/landingpage/home-page *Accepts insurance and on sliding scale 832.947.3562</p>
<p>Pearland Counseling Center 2217 Park Avenue, Pearland 77581 *Accepts insurance/Sliding scale/Bilingual 281.997.8400 https://www.pearlandcounselingcenter.com/</p>	<p>Safe Haven Counseling Center https://myshcc.org/ *Accepts insurance / Sliding scale 281.678.4622</p>
<p>Brazoria County Alliance for Children (BCAC) 139 E. Myrtle Street, Angleton, TX 77515 www.cac-bc.org *Free services for abused children 979-849-2500</p>	<p>Gulf Coast Center – Brazoria County 281.585.7490 https://gulfcoastcenter.org</p>
<p>Youth and Family Counseling 801 Buchta Road Angleton, TX 77515 http://www.yfcs.org/ *sliding scale or free – no insurance accepted 979.849.7751</p>	<p>The Wroten House https://thewrotenhouse.org/ *Free services provided through supervised collegiate interns 832-470-6121</p>
<p>Melanie Gordon, M.A., LPC-A Judah Christian Counseling and Recovery 3017 Yost Blvd., Pearland, TX. 77581 https://www.judahchristiancounseling.com/ 346-302-8089</p>	<p>Your Safe Place, LLC Sharain Johnson 713-635-9760 https://www.yoursafeplacellc.net/ Sevices children, teens, and adults *sliding scale available-no insurance accepted</p>
<p>Diagnostic & Counseling Services Joanna Cobb, M.Ed 346-763-0644 2541 Co. Rd. 357, Alvin, TX 77511 www.diagnosticandcounselingservices.com Serves children, teens, & adults</p>	<p>Heather Benbrook Downtown Counseling Services 105 N. Gordon St. Ste 202 Alvin, TX 77511 346-347-5265 https://www.downtowncounseling.com/bonnie</p>

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Offers play therapy Dyslexia, ADHD, Trauma, Anxiety	-mondragon-counseling-pll
Restorative Peace 1560 W Bay Area Blvd Friendswood, TX 77546 832-706-2131 restorativepc@gmail.com https://whitney.webador.com/	
Houston	
Bo's Place- grief support groups info@bosplace.org 10050 Buffalo Speedway Houston, TX 77054 www.bosplace.org *free of charge 713.942.8339	The Bridge Across for Single Parents and Stepfamilies 14034 Hooper Rd, Houston, Texas 77047 (288 and Beltway 8) http://www.thebridgeacross.com/ 832-779-2120
Center for Success and Independence 3722 Pinemont Drive, Houston, TX 77018 https://tcsi.org/ *Residential & intensive outpatient treatment 713-426-4545	Champions Behavioral Health, PLLC 11152 Westheimer Rd Suite 774 Houston, TX 77042 (832) 626-1185
Dr. Doreen Lerner (Psychologist) Adult and Couple Therapy 2211 Norfolk Suite 140 Houston, TX 77098 https://www.doreenlernerphd.com/ 713.446.9117	University of Houston Psychological Services Dept.(Clear Lake) 2700 Bay Area Blvd, Box 83, Houston 77058 https://www.uhcl.edu/psychological-services-clinic/ *Sliding scale 281.283.3330
Eating Recovery Center – Houston 7515 S. Main Street Suite 400 Houston, Tx. 77030 www.eatingrecoverycenter.com/programs/houston *Accepts insurance 713-750-9607	Flow-of-Light Natural Health Dr. Helen Shih Holistic Solution for Social-Emotional Health 6565 West Loop South, Bellaire, TX 77041 https://www.drhelenshih.com/ 832-645-2810
Innovative Alternatives, Inc. 1335 Regents Park Dr. Suite 240 Houston, TX 77058 https://innovativealternatives.org/ 713-222-2525	Lifeway International 12955 Memorial Drive Houston, TX 77099 www.lifewayrocks.com *Accepts insurance / Self-pay (713) 459-9427

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<p>Memorial Heights Counseling P.O. Box 70887 Houston, TX 77024 Individual outpatient counseling and psychotherapy www.memorialheightscounseling.com 713-701-9794</p>	<p>Memorial Hermann Hospital (PaRC) Intervention, Prevention and Recovery Center (adolescent alcohol and drug program) 3043 N. Gessner, Houston 77080 https://parcbh.com/locations/houston-residential/ (832) 781-0401</p>
<p>The Menninger Clinic (Baylor College of Medicine) 12301 Main Street Houston, TX 77035 Outpatient services and assessments https://www.menningerclinic.org/ 713-275-5400</p>	<p>New Dimensions Day Treatment Center 1345 Space Park Dr. Suite C, Houston, TX 77058 http://www.nddtreatment.com/ *Accepts insurance/Sliding scale/Bilingual 1-800-685-9796</p>
<p>Premier Psychological Services 3730 Kirby Drive, Suite 800 Houston, TX 77098 http://premierpsychservices.com/ *Accepts insurance / Sliding scale 713.521.7575</p>	<p>Texas Children's Psychiatry Services 8080 N Stadium Drive, Suite 180, Houston, TX 77030 https://www.texaschildrens.org/departments/psychiatry New patients: 832.822.1900 Returning appt: 832.822.3750</p>
<h3>Other Surrounding Areas</h3>	
<p>Bay Area Turning Point 210 S. Walnut, Webster, TX 77598 https://www.bayareaturningpoint.org/ *Sexual assault/domestic violence services 281.338.7600</p>	<p>The PsyClinic 330 East Medical Center Blvd. Webster, TX 77598 https://www.thepsyclinic.com/ *Bilingual / Accepts all insurance 281.837.6463</p>
<p>Behavior Plus Texas 902 S. Friendswood Dr., Ste G Friendswood, TX 77546 http://www.behaviorplus.com/Index.php 281.482.7587</p>	<p>Center for Counseling & Personal Development 1506 Winding Way Friendswood, TX 77546 281.482.5999</p>
<p>Counseling Futures 211 E Parkwood Ave, Ste 208, Friendswood, 77546 *Accepts insurance/Medicaid/Sliding scale</p>	<p>Kemah Palms Recovery Center 1013 Delesandri Ln, Kemah, TX 77565 https://www.kemahpalms.com/ *Accepts insurance, / Self-pay</p>

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<p>http://counselingfutures.com/ 713.678.0403</p>	<p>855.568.0218</p>
<p>Clearhope Counseling Center 5151 E. Sam Houston Pkwy. S. Pasadena https://www.clearhopecounseling.com/ *Accepts insurance / Sliding scale 281.937.2977</p>	<p>Carol & Ronald Krist Samaritan Center, 16441 Space Center Blvd. Building C Ste 100 Clear Lake, TX 77058 https://samaritanhouston.org/ *Accepts insurance / Sliding scale 281.480.7554</p>
<p>The Grief Recovery Method Hearts Matter Project 601 Cien Rd., Kemah, TX 77565 https://susanamorell.com/ 832-752-5742</p>	<p>Kingwood Pines (24/7 answering service) 2001 Ladbrook Dr. Kingwood, TX 77339 https://kingwoodpines.com/ 281.404.1001</p>
<p>Texas NeuroRehab Center 1106 W Dittmar Rd, Austin, TX 78745 https://texasneurorehab.com/ *Accepts insurance 1.800.252.5151</p>	<p>Westpark Springs 7830 W Grand Parkway Suite 100 Richmond, TX 77406 https://westparksprings.com/ 832.535.2780</p>
<p>LearningRx Sugarland 13505 Southwest Freeway Sugarland, TX 77478 https://www.learningrx.com/sugar-land/ 281.302.4088</p>	

Hospitals and Mental Health Facilities

<p>Behavioral Hospital of Bellaire (12-17 years) 5314 Dashwood Dr, Houston, TX 77081 https://bhbhospital.com/ 800.423.0017</p>	<p>Cypress Creek (Houston; 12+ years) 17750 Cali Dr, Houston, TX 77090 https://www.cypresscreekhospital.com/ 281.586.7600</p>
<p>Houston Behavioral (13 – 17 years, possibly 12) 2801 N. Gessner Rd, Houston, TX 77080 http://www.houstonbehavioralhealth.com/ 832.834.7710</p>	<p>Unlimited Visions Aftercare, Inc (13-17 years) 5527 Lawndale, Houston, TX 77023 http://www.unlimitedvisions.org/ 713-921-2276 After Hours: 281-652-7635</p>

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<p>Sun Behavioral Hospital (6+ years) 7601 Fannin St., Houston, TX 77054 https://sunbehavioral.com/houston/ 713.766.5572</p>	<p>West Oaks Hospital (Friendswood/Houston; 13-17 years) 6500 Hornwood Dr, Houston, TX 77074 https://westoakshospital.com/ 713.995.0909</p>
<p>Kingwood Pines (Kingwood; 5-17 years) 2001 Ladbrook Dr, Kingwood, TX 77339 https://kingwoodpines.com/ 281.404.1001</p>	<p>Westpark Springs (Richmond; 13 and older) 6902 S. Peek Rd, Richmond, TX 77407 https://westparksprings.com/ 832-586-8569</p>
<h3>Crisis Hotline/ Websites</h3>	
<p>Child Help USA National Hotline Available 24/7, over 170 languages Helps youth experiencing abuse https://www.childhelp.org/ 1-800-4-A-CHILD (224453)</p>	<p>National Suicide Hotline Available 24/7 Support for individuals in suicidal crisis https://988lifeline.org/contact-the-lifeline/ 988 or 1-800-273-8255</p>
<p>Crisis Textline Available 24/7 Support to all individuals in crisis https://www.crisistextline.org/ Text "HOME" to 741741</p>	<p>National Teen Dating Violence Hotline Available 24/7 Questions or concerns about dating relationships https://www.loveisrespect.org/ 1-866-331-9474 Text "LOVEIS" to 22522</p>
<p>National Domestic Violence Available 24/7 Support for individuals experiencing domestic violence https://www.thehotline.org/ 1-800-799-SAFE (7233)</p>	<p>SAFE Alternatives Available 24/7 Information line to get help for self-injurious behavior https://selfinjury.com/ 1-800-DONT-CUT (366-8288)</p>
<p>National Eating Disorders Helpline Available Mon.-Thurs. 11 am – 9 pm Fri. 11 am – 5 pm Support, resources and treatment options for people struggling with eating disorders https://www.nationaleatingdisorders.org/help-support/contact-helpline 1-800-931-2237</p>	<p>Substance Abuse Mental Health Awareness Helpline Available 24/7, English and Spanish Support and referral for drug and alcohol services https://www.samhsa.gov/find-help/national-helpline 1-800-662-HELP (4357)</p>
<p>National Human Trafficking Resource Center Available 24/7</p>	<p>Texas Youth Helpline Available 24/7 Guidance on youth-related concerns, referral</p>

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<p>Advocates take reports of potential human trafficking https://humantraffickinghotline.org/ 1-888-373-7888 (Confidential) Text “HELP” or “INFO” to 233733</p>	<p>information, or volunteers who simply listen https://www.dfps.state.tx.us/youth-helpline/ CALL or TEXT 1-800-989-6884</p>
<p>National Runaway Switchboard Available 24/7 Confidential hotline supports runaway youth for safety https://www.1800runaway.org/ 1-800-RUNAWAY (786-2929)</p>	<p>Trans Lifeline Available 24/7 Trans-identified volunteers educated in the range of difficulties transgender people experience https://translifeline.org/ 1-877-565-8860</p>
<p>National Sexual Assault Hotline Available 24/7 <i>Supports victims of sexual assault, LGBT-inclusive</i> https://www.rainn.org/ 1-800-656-HOPE (4673)</p>	<p>Trevor Project Lifeline Available 24/7 Confidential suicide hotline for LGBT youth https://www.thetrevorproject.org/ 1-866-488-7386</p>
<p>Harris County Psychiatric Center Offer inpatient psychiatric care https://hcpc.uth.edu/ 713-741-5000</p>	<p>Shelter Information Available 24/7 Free anonymous social service hotline https://www.211texas.org/guided-search/211</p>
<p>24-Hour Crisis Response Hotline-Gulf Coast Center-Galveston/Brazoria County Support for people with mental health, substance abuse and id needs https://gulfcoastcenter.org/ 1-866-729-3848</p>	<p>Harris County Mobile Crisis Unit Available 24/7 Provides service to children and adults who are experiencing a mental health crisis https://www.theharriscenter.org/services/crisis-services https://www.theharriscenter.org/Portals/0/MCOT.pdf 713-970-7000 Press 1 for Crisis Line</p>
<p>Disability Rights Free legal aid for individuals with mental health disorders or developmental https://www.disabilityrightstx.org/en/home/ 713-974-7691</p>	

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